

EXMOUTH HARRIERS SEA FRONT RACE

| | | Jan-11 | Feb-11 | Mar-11 |
|----------------|----------|--------|--------|--------|
| Name | Distance | Time | Time | Time |
| Dave | 3.3 mile | 18:22 | | |
| Adam | 3.3 mile | 19:10 | | |
| Richard Bishop | 3.3 mile | 20:56 | | |
| Dennis Giidea | 3.3 mile | 21:21 | | |
| Hannah | 3.3 mile | 22:58 | | |
| John Lambert | 3.3 mile | 24:00 | | |
| | 3.3 mile | | | |
| | 3.3 mile | | | |

| | | Jan-10 | Feb-10 | Mar-10 |
|---------------|----------|--------|--------|--------|
| Name | Distance | Time | Time | Time |
| Dave | 3.3 mile | 19.43 | | 18.03 |
| Mike Musgrove | 3.3 mile | 20.42 | | |
| Tony Hatchard | 3.3 mile | 20.57 | | |
| Jon Croome | 3.3 mile | 21.02 | | 21.53 |
| Adrian Kearns | 3.3 mile | 21.03 | | |
| Alex | 3.3 mile | 21.05 | | |
| Joel | 3.3 mile | 22.10 | | |
| Terry | 3.3 mile | 25.11 | 23.18 | 23.23 |
| Kevin | 3.3 mile | 26.41 | 25.25 | 25.06 |
| Honor | 3.3 mile | 27.29 | | |
| Jim Wyatt | 3.3 mile | 28.05 | | |
| Vicki | 3.3 mile | 30.37 | | |
| Lorraine | 3.3 mile | 30.41 | | 25.37 |
| Lyn | 3.3 mile | | 26.50 | 25.16 |
| Les | 3.3 mile | | 29.21 | |
| Adam | 3.3 mile | | | 19.54 |
| Joan | 3.3 mile | | | 27.34 |
| Amanda | 3.3 mile | | | 29.04 |
| Phil Bater | 3.3 mile | | | 25.35 |
| Katie | 3.3 mile | | | 26.20 |
| Nick | 3.3 mile | | | 21.06 |
| | 3.3 mile | | | |